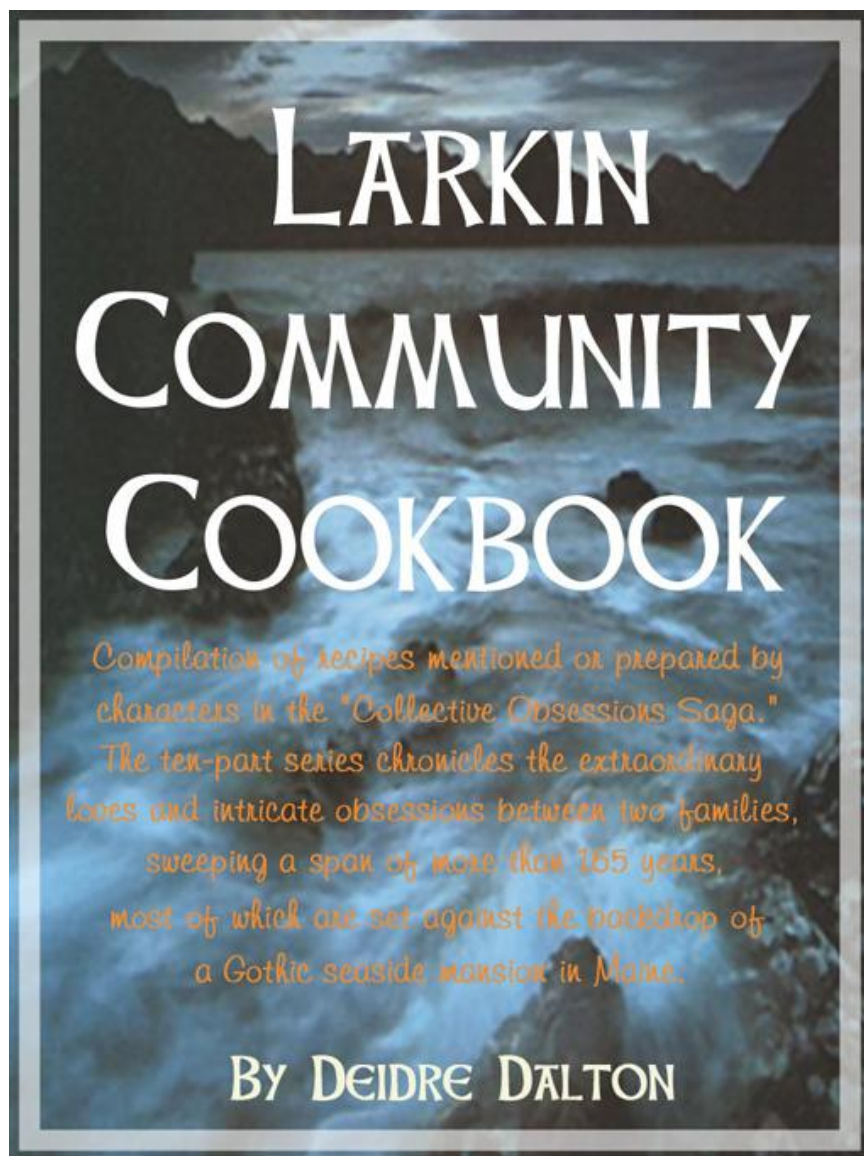


LARKIN COMMUNITY COOKBOOK

Recipes from the "Collective Obsessions Saga"

****RECIPE LIST ONLY****



Larkin Harbor Ladies Society

Compiled by Shannon Larkin-Page & Dana Maitland-Larkin

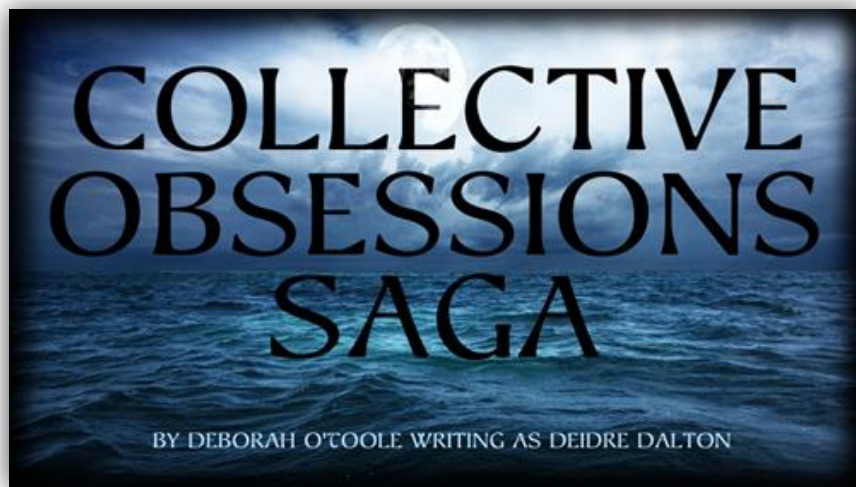
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INTRODUCTION

The **Larkin Community Cookbook** is a compilation of more than 190 recipes mentioned or prepared by characters in the *Collective Obsessions Saga* by Deidre Dalton. The ten-part series of fiction novels chronicles the extraordinary loves and intricate obsessions between two families sweeping a span of more than 165 years, most of which are set against the backdrop of a Gothic seaside mansion in Maine.

Books in the family saga include *Hearts in Sorrow*, *The Advent*, *Quixotic Crossings*, *The Twain Shall Meet*, *Enthrallment*, *The Keeper's Journal*, *Hearts Desires*, *The Twilight*, *Megan's Legacy* and *Limb of Iniquity*.



Fictional foodstuff begins with the first family chef Claude Mondoux, and carries on with the ill-fated Nicholas Bertrand, the much-beloved Mae Jensen, the drunken Cora Ann Hogan, the longtime local waitress and gossip, Berty Soames. And finally, French-born Armand Grenadier, who pores over the recipe book once created by Claude Mondoux in an attempt to replicate and refine the dishes with a gifted hand.

The diabolical Amber Whale Tavern executive chef Jack Sansovino is also a dab hand in the kitchen, where he brews more than just seafood specialties.

Various members of the Larkin family have culinary talent as well, including Shannon, Derek and Dana, who prepare mouth-watering dishes for family and friends. The illustrious Larkin mansion and the Banshee Point lighthouse keeper's cottage are frequent settings for exquisite family meals, along with Banshee Point Winery and the Banshee Point Hotel & Golf Course. Derek Larkin also becomes a professional chef and opens his own elegant restaurant in Larkin City, known as *The Silver Tassel*.

Before her grisly demise, Carly O'Reilly whips up delectable dishes for her highly successful Harbor View Catering Company, where she also sells homemade foodstuffs.

In addition, bad seed Alexandra Cimorelli is surprisingly talented in the kitchen, where she prepares *Baked Macaroni & Cheese*, *Chicken Cordon Bleu* and *Homemade Soft Pretzels*.

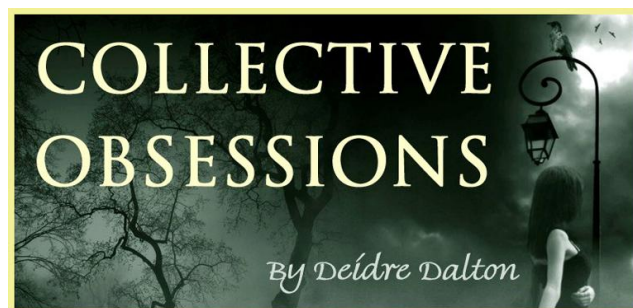
Local waitress turned family chef for six years, Berty Soames, provides *Atholl Brose*, *Avocado English Muffins*, *Brown Sugar Tea* and *Chicken Fried Steak*. Her replacement after retiring, French-born Armand Grenadier, succeeds in replicating and refining many of the recipes originally created by Claude Mondoux, including *Carrot Fritters*, *Cinnamon Apple Tart*, *Hopple Popple*, *Lemon Mushroom Lasagna*, *Pina Colada Zucchini Bread*, and *Radish Salad*, among others.

Note: All characters in the "Collective Obsessions Saga" are works of fiction. Any resemblance to actual persons living or dead is purely coincidental.

*Trapped incandescent swirls;
like raptly churning ocean waves.
Through milky, translucent pearls
and collective misty mind caves.
Kith and kin disavow as one;
fourteen decades and two of obsessive love.
No one has forgotten, and no one has won;
and yet forever dwell spellbound thereof.*

Deidre Dalton

<https://deborahotoole.com/deidre.htm>



<https://deborahotoole.com/collective/>

RECIPE INDEX

APPETIZERS (10)

Apples & Cheese
Crab & Artichoke Dip
Crab & Avocado in Rice Wrappers
Deviled Eggs
Potted Shrimp Canapés
Salmon Mousse
Shrimp Puffs
Shrimp Spring Rolls
Stuffed Mushrooms
Sweet & Sour Porcupine Meatballs

BEVERAGES (12)

Atholl Brose
Boulevardier Cocktail
Brown Sugar Tea
Caudel (*Medieval Spiced Beer; aka Buttered Beere*)
Christmas Cheer Eggnog
Clam Juice Cocktail
Coffee Light
Cream Brandy
Iced Coffee
Irish Coffee
Tomato Juice
Wassail

BREADS & COOKIES (9)

Biscotto Pignoli (*Pine Nut Cookies*)
Buttermilk Biscuits
Cheddar & Green Onion Biscuit Poppers
Grissini
Half-Pint Scones
Homemade Soft Pretzels
Irish Soda Bread
Pumpkin Bread

Pumpkin-Chocolate Chip Cookies

BREAKFAST (11)

Biscuits & Gravy
Blueberry Pancakes
Denver Omelet
Dippy Eggs (*Sunny-Side-Up*)
Egg-in-the-Hole
Hash Browns
Irish Omelet
Poached Eggs
Scrambled Eggs with Smoked Salmon
Shamrock Egg for One
Tomatoes & Grilled Sausages

ENTREES (35)

Angel Hair Pasta with Pine Nut Pesto
Bacon & Cabbage
Beef Stroganoff (*Befstroganov*)
Beef Wellington
Bracirole Rifatte (*Italian Rolled Beef*)
Braised Chicken with Puff Pastry
Chicken & Dumplings
Chicken Breasts Stuffed with Broccoli, Mozzarella & Mushrooms
Chicken Cordon Bleu
Chicken Fried Steak with Mashed Potatoes
Corned Beef & Cabbage
Double Mushroom Burgers
Eggplant Parmigiana
Grilled Chicken Breasts
Grilled Lamb Chops
Lamb Cutlets in Onion Gravy
Lamb Shanks in Red Wine Sauce
Lemon Pepper Chicken Shish Kabob
Mariko's Meat Loaf
Mushroom Chicken
Pecan Chicken with Blueberry Sauce
Pepper-Crusted Filet Mignon

Pork Cutlets
Portabella & Prosciutto Lasagna
Raviolis
Roast Turkey
Shepherd's Pie
Spicy Roast Chicken
Spinach & Chicken Cannelloni
Spinach & Ricotta Ravioli
Stuffed Bell Peppers
Taco Seasoning
Tacos with Shredded Pork
Teriyaki Garlic Steak
Yakisoba (*Deep-Fried Noodles with Pork*)

SEAFOOD (32)

Asari Clams
Clam Bake
Cold Shrimp & Curry Salad
Coquille St. Jacques
Crab Ravioli in Tomato Broth
Crusted Soft Shell Crabs with Lemon Butter
Dublin Lawyer
Escargot in Herbed Butter
Filet of Sole with Mushroom Stuffing
Fish & Chips
Fried Perch
Grilled Salmon Steaks
Lobster Cakes with Salsa
Lobster Mousse
Lobster Rolls
Lobster Salad
Lobster Tails Breaded in Hazelnuts
Lobster Tails with Lemon Butter
Old Bay Crab Cakes
Old Bay Seasoning Mix
Pan Seared Haddock
Peppered Scallops in Lemon-Cream Sauce
Poached Salmon in Ginger-Lemon Sauce

Russian Shrimp Sandwiches

Salmon Burgers

Salmon Casserole

Salmon Quiche

Salmon Salad Sandwiches

Seafood Casserole

Shrimp Salad

Sole Almandine

Tuna Melts

SIDE DISHES & VEGETABLES (21)

Adzuki Beans & Rice

Almond Couscous

Asparagus with Almond Sauce

Baked Celery with Slivered Almonds

Baked Macaroni & Cheese

Colcannon

Coleslaw

Corn Custard with Tomatoes

Creamed Green Beans

French Fries

Green Beans with Bacon

Mushrooms in Cream

Mushroom Rice Pilaf

Pecan Stuffing

Potato Salad

Potatoes Au Gratin

Roasted Potatoes & Peas

Roasted Zucchini Stuffed with Hazelnuts & Wild Rice

Scalloped Potatoes

Tarragon Asparagus

Whipped Sweet Potatoes

SALADS & SANDWICHES (21)

Autumn Salad

Avocado English Muffins

Bacon, Lettuce & Tomato Sandwich (BLT)

Boston Egg Salad

Chicken Filet Sandwiches
Chicken Pâté Croissants
Chicken Salad Wraps
Crispy Chicken Salad
Cucumber Tea Sandwiches
Green Leaf Salad with Olives, Pecans & Spinach
Grilled Cheese Sandwiches
Ham & Cucumber Sandwiches
Ham Sandwich with Mustard Glaze on Irish Soda Bread
Italian Sausage Sandwiches
Pecorino & Pear Salad
Seven-Bean Salad
Spinach Salad with Cashews, Cucumbers & Feta Cheese
Spinach Salad with Cranberries, Feta & Toasted Pecans
Tomato, Avocado & Shrimp Salad
Turkey Bagel Sandwiches
Turkey Pita Pockets

SOUPS & STEWS (15)

Crab Bisque
Cream of Mushroom Soup
Creamy Potato Soup
Curry Stew
Garbanzo Pea Soup
Haddock Chowder
Irish Lamb Stew
Italian Wedding Soup
Matzo Ball Soup (*Marak Kneidlach*)
Moroccan Chicken Stew
Mussel Soup
New England Clam Chowder
Pumpkin-Squash Soup
Roast Chicken Noodle Soup
Tomato Vegetable Soup

DESSERTS (28)

Almond Tarts
Apple Cake

Banana Custard Tarts
Banana-Vanilla Pudding
Blueberry Cheesecake
Blueberry Cobbler
Blueberry Muffins
Blueberry Tart with Clotted Cream
Cannoli (*Sicilian Pastry Dessert*)
Creamy Chocolate Cake with Fudge Frosting
Eton Mess
Flatbread with Dates, Nuts & Honey
Fudge Brownies
German Chocolate Cake
Grilled Peaches & Apricots with Almonds
Irish Cream Cake
Panna Cotta (*Cream Custard*)
Peaches & Cream
Pistachio Pudding
Pistachio, Walnut & Almond Tarts
Pumpkin Cheesecake
Rum Cake
Strawberries & Cream
Tiramisu (*Italian Ladyfinger Pie*)
White Cake
White Chocolate Macadamia Nut Cheesecake
Zeppole
Zucchini Loaf

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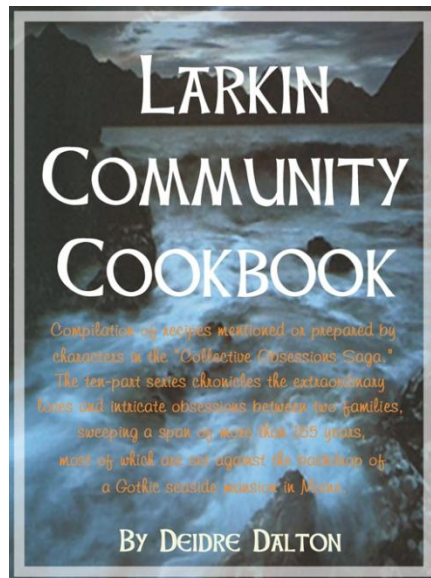
Third Edition (2025).

ASIN: B0C7LSFHCH

BNID: 2940161099636

Published by Food Fare

Web: <https://deborahotoole.com/deidre.htm>



"Larkin Community Cookbook" is available at Amazon (Kindle) and Barnes & Noble (Nook). The Adobe Digital edition (PDF) contains all graphics and a recipe index.

ABOUT THE AUTHOR

Deidre Dalton is author of the *Collective Obsessions Saga*, which chronicles the extraordinary loves and intricate obsessions between two families sweeping a span of more than 165 years, most of which are set against the backdrop of a Gothic seaside mansion in Maine. Titles in the ten-part family saga include *Hearts in Sorrow*, *The Advent*, *Quixotic Crossings*, *The Twain Shall Meet*, *Enthrallment*, *The Keeper's Journal*, *Hearts Desires*, *The Twilight*, *Megan's Legacy* and *Limb of Iniquity*. The books were released by Club Lighthouse Publishing.



She is also author of the *Bloodline Trilogy*, which follows the uniquely magical journey of three women through time. Books in the trilogy include *Bloodfrost*, *Bloodlust* and *Blood & Soul*.

Deidre is author and editor of the *Larkin Community Cookbook*, which is a compilation of recipes mentioned or prepared by characters in the *Collective Obsessions Saga*, and the electronic versions of *About Larkin* (companion guide to the *Collective Obsessions Saga*), and *The Private Journal of Colm Sullivan*.

Writing under the her real name of Deborah O'Toole, Deidre is also author of the fiction titles *Celtic Remnants*, *Glinhaven*, *In the Shadow of the King*, *Mind Sweeper*, *The Crypt Artist*, the *Short Tales Collection* (juvenile fiction), and a book of poetry known as *Torn Bits & Pieces*.

For more, visit <https://deborahotoole.com/>.

Using the pseudonym Shenanchie O'Toole, she also writes for the cooking/recipe website Food Fare. She is writer and co-editor of a dozen cookbooks, along with more than forty titles in the *Food Fare Culinary Collection*.

For more, visit <https://deborahotoole.com/FoodFare/>.

Deidre is a native of Greenwich, Connecticut. She has also lived in San Francisco, Reno and Spokane, among other US cities. She currently resides in the mountain west.

For more, visit Deidre's website:

<https://deborahotoole.com/deidre.htm>

THE COLLECTIVE OBSESSIONS SAGA

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